

# DUNCANRIG RAMBLING CLUB: Walk Programme - January to June 2024



Date	No	Route	Location	Length Miles	Ascent Feet	Descent Feet	Grade	Leader	Walk Manager
Jan 21	1	Crossford - Lanark Loch	Lanarkshire	6.5	954	430	C+	James McGowan	Steven Wallace
	1	Crossford - Lanark Loch EXT		9.3	1371	852	B	Steven Wallace	
Feb 04	2	Wellwood - Glenbuck	Ayrshire	8.2	675	441	C	Jim Duggan	David Black
	2	Wellwood - Cairn Table EXT		8.2	1480	1370	B	David Sawyer	
Feb 18	3	Castlecary - Falkirk	Falkirk	7.4	583	477	C	Jeanie Porter	Mitch Kerr
	3	Kelvinhead - Falkirk EXT		9.6	691	630	C+	Mitch Kerr	
Mar 03	4	Kippen Circular	Stirlingshire	7.1	870	870	C+	Pip Slorach	Steven Wallace
	4	Gargunnoch - Kippen EXT		9.5	1162	1040	C+	David Black	
Mar 17	5	East Linton - Beanston	East Lothian	7.9	718	593	C+	Mike Casey	David Black
	5	East Linton-Traprain Law EXT		9.5	1227	1072	C+	Andy Bennett	
Mar 31	6	Glen Ogle - Killin	Perthshire	7.7	880	1428	C+	Susan Saine	Mark Bannerman
	6	Glen Ogle - Killin EXT		9.5	1347	1500	B	David Black	
Apr 14	7	Peebles - River Tweed	Borders	8.6	975	975	C+	Jim Banford	Mitch Kerr
	7	High Around Peebles EXT		9.8	1690	1690	B	Ronnie Taylor	
Apr 28	8	Kilkenny - Elie	East Neuk- Fife	7.6	482	535	C	Jim Clare	Mark Bannerman
	8	Crail - Elie EXT		10.2	577	616	C+	David Whiteside	
May 12	9	Eskdalemuir Circular	Eskdalemuir	7.0	640	606	C	Tom Mullen	David Sawyer
	9	Castle O'er EXT		8.6	999	1038	C+	David Sawyer	
May 26	10	Penmanshiel - St Abbs	Borders	7.6	1175	1710	C+	Peter Miller	Andy Bennett
	10	Penmanshiels-Coldingham EXT		8.6	1447	1898	B	Andy Bennett	
Jun 09	11	Gartmorn Dam Circular	Clackmannan	7.2	638	624	C	Steven Wallace	Steven Wallace
Jun 23	12	Brodick Circular	Arran	8.3	576	559	C	Jane Hughes	Tom Mullen
	12	Goatfell EXT		7.3	2218	2338	B+	May Trescowthick	

## GRADING OF WALKS

- C Easy:** Mainly level ground, usually on paths, tracks land rover tracks total height climbed not more than ..... 800 ft
- C+ Moderate:** Usually over undulating ground and can include short uphill sections total height climbed not more than .... 1,300 ft
- B Strenuous:** Consists of several uphill section and some rough ground total height climbed not more than ..... 2,200 ft
- B+ Very Strenuous:** Consists of several uphill section and some rough ground total height climbed more than ..... 2,200 ft

\*Coach leaves from John Wright Sports Centre carpark at 8.30 am (prompt) Contact: Email: [linda.mullen1@btinternet.com](mailto:linda.mullen1@btinternet.com) Tel: 07711 511231

